**SKILLS & ACCOMPLISHMENTS EXERCISE**

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| **Past Jobs, Projects, & Professional Opportunities***This can include academic projects and roles, jobs, internships, volunteer opportunities, side projects, and so on.* | **Skills***What skills did you use during this experience? Look back at your resume/CV and a skills list to help you.* | **Accomplishments***What accomplishments did you realize during this experience? What are you proud of? What action did you take that had a result? What were you praised for or recognized for? Think about performance reviews or feedback from supervisors, advisors, etc.* | **Other Skills***What skills did you use to reach this accomplishment?*  |
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